

K-12 BREAKFAST - OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Biscuit with Eggs, Ham or Sausage - or- Cereal, Toast & Cheese Stick	3 Biscuit & Sausage Gravy -or- Cereal, Yogurt & Cinnamon Toast	4 Waffle Sticks, Ham & Hash brown - or- Cereal, Yogurt & Cheese Toast	5 Breakfast Pizza -or- Cereal, Yogurt & Cinnamon Toast	6 Oatmeal, Sausage & Cinnamon Toast -or- Cereal, Yogurt & Cereal Bar
9 Biscuit with Eggs, Ham or Sausage - or- Cereal, Toast & Cheese Stick	10 Biscuit, Hashbrown & Gravy -or- Cereal, Yogurt & Cinnamon Toast	11 Pancakes & Sausage -or- Cereal, Yogurt & Cheese Toast	12 Breakfast Bagel -or- Cereal, Cheese Stick & Poptart	13 Chicken Biscuit -or- Cereal, Yogurt & Cereal Bar
16 Biscuit with Eggs, Ham or Sausage - or- Cereal, Toast & Cheese Stick	17 Biscuit & Sausage Gravy -or- Cereal, Yogurt & Cinnamon Toast	18 Waffle Sticks, Ham & Hash brown - or- Cereal, Yogurt & Cheese Toast	19 Breakfast Pizza -or- Cereal, Yogurt & Cinnamon Toast	20 Oatmeal, Sausage & Cinnamon Toast -or- Cereal, Yogurt & Cereal Bar
23 PARENT & TEACHER CONFERENCE DAY	24 Biscuit, Hashbrown & Gravy -or- Cereal, Yogurt & Cinnamon Toast	25 Pancakes & Sausage -or- Cereal, Yogurt & Cheese Toast	26 Cinnamon Rolls & Sausage -or- Cereal, Cheese Stick & Poptart	27 Chicken Biscuit -or- Cereal, Yogurt & Cereal Bar
30 Biscuit with Eggs, Ham or Sausage - or- Cereal, Toast & Cheese Stick	31 Biscuit & Sausage Gravy -or- Cereal, Yogurt & Cinnamon Toast	NOTES: *1% or less Flavored or Unflavored Milk is offered with every meal ** Menus are subject to change due to delivery shortages		